

White Ribbon Week!

What is it exactly?!

WHITE RIBBON WEEK IS...

A fun and positive way to teach kids
how to make healthy choices in media
and technology

IF YOU DIDN'T ALREADY KNOW THIS...

- Utah has deemed pornography a public health hazard.
- No matter what your views are about this subject matter, children are being harmed by exposure to this material.

PLEASE KNOW...

We are NOT going to:

- Teach kids what pornography is
- Show any inappropriate images
- Discuss the specifics of what dangers are out there

In fact, we don't even use, write, or say the word "pornography" or "porn"!

THIS IS ABOUT EMPOWERMENT!!!

WHAT CAN FAMILIES DO?

Knowledge is power so educate yourself!

Websites and Resources

1. Jeff Steurer video “Power to be Safe Online”
<https://www.youtube.com/watch?v=HzeJ3gKCuJE&authuser=0>
2. Conversations with kids
www.womenofdecency.org/blog/4-ways-to-start-a-conversation-pornography-kids
3. Tips and Tools to help parents protect kids
www.PornProofKids.org
4. Book available for checkout from our own library—submit written request to your child’s teacher: “Good Pictures Bad Pictures”

RESOURCES CONTINUED...

5. Upcoming conference: UCAP (Utah Coalition Against Pornography)
OCTOBER 28TH 9AM-2PM \$16/TICKET
Dixie Center: 1835 Convention Center Drive, St. George
Phone: 800-748-5011
Website: <http://www.dixiecenter.com/>
6. Free downloads of e-books: SALifeline.org (ex. “Protecting Families”)
7. National organization opposing pornography: www.pornharms.com
8. Education for teens and young adults: www.fightthenewdrug.org
9. How to identify harmful media campaigns: www.beautyredefined.net
10. LDS “Family Home Evening” tab: overcomingpornography.org/resources

FILTERS

1. **Norton Family** – free, requires sign-up, must download on computer first and then to other devices
2. **Ad Block** – free, easy to use, our tech teacher uses this here at school and at her home
3. www.google.com – settings found in bottom right corner, choose search settings, choose Safe Search
4. **YouTube** – look for settings in upper left corner, scroll down to and select Restricted Mode

“What do I do if I catch my kid looking at this, or if they tell me it happened by accident?”

STAY CALM - we want kids to feel safe to tell and talk about this with us.

An angry reaction is shaming, and closes off any future communication.

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TURN IT OFF		
	TALK TO A TRUSTED ADULT	
		TURN TO SOMETHING ACTIVE!

AVOID "THE BIG TALK"

- Keep the lines of communication open by having mini-discussions every once in awhile
- Kids need to know it's okay to ask questions; to not feel guilty if they stumble into something inappropriate
- Be a keen observer of your child's habits
- Experts discourage internet access in kids' bedrooms
- Talk through examples of what to watch out for and how to handle
- Don't be scared, be prepared
- Arm yourself with knowledge and get those filters!