



Tuesday Family Activity and Discussion

**Today we learned:
I have the power to turn it off.**

Information:

Today we discussed that your child is powerful and in control of themselves. They get to make many important decisions. They get to control how they treat their friends and family members. They are also in charge of what they watch. They learned that if they are on a computer or another device and see something that doesn't feel right, they can do something about it. They have the power to turn it off!

Parents, learn about how children become victims:

<http://www.netsmartz.org/ChildrenAsVictims>

Activity & Discussion Questions:

Have your child act out what they would do in each situation.

1. How do you turn off a laptop or computer?
2. How do you turn off a song that is bothering you?
3. What do you do to turn off a bad picture on a billboard?
4. How do you "turn it off" if you're in a movie theater and something appears on the screen that doesn't feel right?
5. How do you turn it off if someone around you is telling a disrespectful joke?
6. What do you do if a friend tries to show you something that is embarrassing or makes you feel uncomfortable?